



Shrewsbury Parks and Recreation
100 Maple Ave. Shrewsbury, MA 01545
(508) 841-8503

Teen Sweep Rowing 2006

Donahue Rowing Center

For students entering grades 8 through 12

3 Ways to Register

1. In Person-May 13
2. Mail in-May 15
3. Drop off-May 15

Team work and conditioning are the hallmarks of the sweep rower. The thrill of precision performance and the exhilaration of high-velocity competition provide unique opportunities for fun and fitness. Those who find sweep rowing to their liking may choose to continue at the interscholastic or club level. **Registrations for youth classes open Saturday, May 13th 8-11AM at the Shrewsbury Town Hall and continues thereafter on weekdays at the parks & recreation office in town hall.**

Program Director: Jason Steele, Head Coach WPI Women's Rowing team. Jason has over 12 years experience coaching rowing including coaching the USA Jr. Women's Nation team in 2004. All coaches have college rowing experience.

Fees are due when registering. Enrollment in each class is limited and first-come, first-serve. Competent swimmers only. Participants can't be afraid of the water! All participants must be able to swim 200 yards and tread water for 10 minutes without a life preserve on.

Please check your schedule and be sure of which class your friends are registering for!

There will be a fee of \$10.00 for any transfers made if space is available.

**Town of Shrewsbury 2006 Introductory Sweep Rowing
Please Print Information/ Checks payable to "Town of Shrewsbury"**

Teen's full name: _____ Date of Birth: _____ Grade: _____

Teen's Primary Guardian: _____

Address: _____ Town: _____ Zip: _____

Home Phone: _____ Cell Phone (emergency use only): _____

Emergency Contact: _____ Phone: _____

Allergies or Medical concerns: _____

Check One Section Below:	Fee: Resident: \$160	Non-Res: \$160
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Beginner Rowing

____ (112100-A) July 17- July 21 8-10:30AM Monday through Friday

____ (112100-B) July 24-July 28 8-10:30AM Monday through Friday

____ (112100-C) July 31-August 4 8-10:30AM Monday through Friday

Intermediate Rowing

____ (112100-G) August 7-11 8AM-10:30PM Monday-Friday Brush up on your skills before the fall crew season!

This class is for students with previous experience and takes your skills to the next level. Please list previous experience
ow: _____

STATEMENT OF PARENT OR ADULT PARTICIPANT: "The participant is/are aware of the risks and physical demands inherent in the active deep-water sport of rowing. The participant is in good health and proper physical condition to participate in such activity. The participant (and parent) accept(s) and assume(s) all risks and all responsibility for losses, costs and damages incurred as result of participation in this activity and agree(s) to save and hold harmless the Town of Shrewsbury, the Donahue Rowing Center and any and all officers, agents and employees thereof from any liability or cost arising directly or indirectly from this participation. **THE PARTICIPANT IS A COMPETENT SWIMMER AND NOT AFRAID OF WATER WHO CAN SAFELY PARTICIPATE IN A DEEP-WATER BOATING PROGRAM WHERE-IN PARTICIPANTS MAY BE REQUIRED TO SWIM A CONSIDERABLE DISTANCE (200 + yards) THROUGH DEEP WATER TO SAFETY.**"

Parent or guardian Signature: _____ Date: _____

Fees are non-refundable and registrations non-transferable.
All sign-ups strictly first-come, first serve.

Office use only:

Amount: _____ Payment: _____